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Swimming to Antarctica: Tales of a Long-Distance Swimmer ...

I (finally) finished "Swimming to Antarctica: Tales of a Long-Distance Swimmer" by Lynne Cox. Even though I enjoyed it, for some reason, I feel like it took me a long time to read it. I was thoroughly swept away reading about Lynne Cox's swims in rivers, lakes, & oceans around the world. Wow. Her swimming feats are totally amazing.

Swimming to Antarctica: Tales of a Long-Distance Swimmer ...

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The first to swim the Cape of Good Hope (a shark emerged from the kelp, its jaws wide open, and was shot as it headed straight for her). In this extraordinary book, the world's most extraordinary distance swimmer writes about her emotional and spiritual need to swim and about the almost mystical act of swimming itself.

Swimming to Antarctica : tales of a long-distance swimmer ...

Insightful, motivating and inspirational! These are words I would use to describe, Swimming to Antarctica- Tales of a long distance swimmer by Lynne Cox. As a competitive swimmer myself, I found the subject of Lynne's memoir so relatable. I share her love of swimming and I respect her great swimming accomplishments.

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Swimming to Antarctica: Tales of a Long Distance Swimmer by Lynne Cox is a non-fiction book by an Olympic long distance swimmer who writes about her desire to swim, her training and experience in long distance swimming, and the journeys she made across various famous bodies of water, including the Mediterranean Sea.The book is a lyrical sports memoir and meditation not just on competition and ...

Swimming to Antarctica Summary | SuperSummary

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LYNNE COX has set records all over the world for open-water swimming. She was named a Los Angeles Times Woman of the Year, inducted into the International Swimming Hall of Fame, and honored with a lifetime achievement award from the University of California, Santa Barbara. She is the author of Swimming to Antarctica, which won an Alex Award.

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Swimming to Antarctica : tales of a long-distance swimmer ...

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